Adults

SIZE	CHEST (in.)	WAIST (in.)	HIPS (in.)
XS	< 35	< 29	< 35
S	35–37.5	29–32	35–37.5
M	37.5–41	32–35	37.5–41
L	41–44	35–38	41–44
XL	44–48.5	38–43	44–47
XXL	48.5–53.5	43–47.5	47–50.5

Kids

SIZE	NUMERIC SIZE	CHEST (cm)	WAIST (cm)	HIPS (cm)	HEIGHT (cm)	AGE
XS	6-7	64.5–66	59.5–61.5	68.5–71	122–128	6-7
S	8-9	66–69	61.5–65	71–74.5	128–137	8-9
M	10-12	69–75	65–69	74.5–79.5	137-147	10-11
L	14-16	75–81.5	69–72.5	79.5–84.5	147-158	12-13
YOUTH	18-20	81.5–88.5	72.5–75.5	84.5–89.5	158-170	14+

Socks

Sock Size Guide		
Size	UK Shoe Size	
XS	12-2	
Small	2-5	
Medium	5-8	
Large	8-11	
XL	11-14.5	